



# NLSLA COVID-19 SERVICES

## Free Legal Help



**DPSS &  
Social Security Benefits**



**Restraining Orders**



**Tenant Rights**



**Dissolutions & Custody  
(Self-Help)**



**Unemployment Insurance**



**Health Insurance &  
Access to Health Care**



**Education  
(Antelope Valley residents)**



**Stimulus Checks**



**Public Charge**



**Criminal Record Clearing**

**General Help Line:** 1 (800) 433-6251

**Website:** [nlsla.org](https://nlsla.org)

**Health Help Line:** 1 (800) 896-3202

### **Self-Help Centers (Housing and Family Help):**

- **Chatsworth:** 818-485-0571, [CSHpublic@nlsla.org](mailto:CSHpublic@nlsla.org)
- **Pomona:** 818-485-0572, [PSHpublic@nlsla.org](mailto:PSHpublic@nlsla.org)
- **Antelope Valley:** 818-485-0573, [AVSHpublic@nlsla.org](mailto:AVSHpublic@nlsla.org)
- **Van Nuys:** 818-485-0574, [VNSHpublic@nlsla.org](mailto:VNSHpublic@nlsla.org)
- **Pasadena:** [PasadenaUDpublic@nlsla.org](mailto:PasadenaUDpublic@nlsla.org) (no phone available)
- **Help with Stanley Mosk evictions:** Shriver Help line at (818) 485-0576 or email [ShriverSHPublic@nlsla.org](mailto:ShriverSHPublic@nlsla.org)